

EPID 600 - Introduction to Public Health
Introduction to Aging
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Objectives

Students will be able to

- describe the role of public health in dealing with a special population, the senior citizens
- describe the criteria for labeling a person aged
- describe the elements of aging
- describe governmental agencies responsible for assisting/ measuring aging
- describe non governmental agencies who assist aging persons.
- describe how ageing can be expected to affect public health services over the next 25 years.>

Key Words

Aging, aged, seniors, nursing homes, homes for the aged, retirement centers, senior citizens advocacy, home visiting, senior centers, mental health and aging, Alzheimer's diseases, Parkinson's disease, Osteoporosis.

Concept:

Aging starts at birth. Getting older is not necessarily accompanied by significant declines in either physical or mental function. There are many resources available to assist people as they age. Misunderstanding and lack of knowledge is the greatest detriment to health maintenance while aging.

References:

Schneider: Introduction to Public Health, 2nd Edn - **Scan** Chapter 28

When Does Someone [Attain Old Age?](#)

Review Dr. Rachel's [Power Point session](#)
[PDF](#) version

Review the .pdf file CDC's [State of Aging](#) Report with particular attention to the discussion starting page 26. You may also want to review [the report](#) from the National Association of State Units on Aging and compare its comments with those in the CDC report, A recent concern of the AMA has been with [increased driving injury past 70 years of age](#). Take a look at the [Older Driver Safety](#) web site

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